

# Western Canadian PL & BP Championships

11/24/2009 Edmonton AB, UAPA Powerlifting Club

Name	Age	Div	BWt	WtCls	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	Total	Wilks
Chelsie Marion	22	F-JR	74.9	75	97.5	105	110	-57.5	60	65	110	120	127.5	302.5	287.81
Cheryl Giberson	26	F-O	66.4	67.5	105	112.5	-120	57.5	-62.5	62.5	110	120	125	300.0	309.84
Tyler Pocsik	22	M-JR	82.4	82.5	182.5	192.5	200	112.5	120	125	215	227.5	-235	552.5	370.39
Pavel Sedach	22	M-JR	80.9	82.5	165	167.5	190	105	112.5	122.5	215	230	-237.5	542.5	367.78
Keith Banner	49	M-M1	134.5	125+	295	312.5	322.5	170	187.5	195	250	272.5	300	817.5	459.69
Gord Chenkie	57	M-M2	94.7	100	200	215	220	135	-142.5	-147.5	200	215	227.5	582.5	362.85
Mike Armstrong	53	M-M2	106.8	110	140	170	190	110	130	135	160	217.5	227.5	552.5	328.23
Gunnar Henriksson	54	M-M2	119.1	125	190	202.5	-207.5	152.5	160	-162.5	-195	-195	-195	0.0	0.00
Colin Bonneau	62	M-M3	117.4	125	150	200	-230	150	-170	170	150	190	200	570.0	329.44
Thomas Yeung		M-O	60	60	145	-147.5	-147.5	-155	-155	-155	-167.5	-167.5	-167.5	0.0	0.00
Sam Cameron		M-O	66	67.5	125	132.5	140	85	92.5	100	162.5	177.5	-197.5	417.5	327.82
Kojo Gyennin	29	M-O	73.9	75	230	240	-242.5	135	142.5	-150	225	240	257.5	640.0	460.80
Jonathan Law		M-O	81.6	82.5	155	167.5	-177.5	125	132.5	137.5	190	202.5	215	520.0	350.67
Johnny Phung		M-O	88.7	90	-240	240	-250	185	-192.5	-192.5	265	-275	-275	690.0	443.81
Boyd Lyon		M-O	87.9	90	-262.5	-262.5	-262.5	-185	-185	-185	-260	-260	-260	0.0	0.00
James Bartlett		M-O	99.1	100	235	250	-257.5	145	155	160	250	265	272.5	682.5	416.88
Nathan Christensen		M-O	99.7	100	215	-225	227.5	180	-187.5	-187.5	220	235	-247.5	642.5	391.49
Kelly Fillion	32	M-O	98.5	100	187.5	205	212.5	147.5	160	-167.5	212.5	227.5	-232.5	600.0	367.41
Lee Distad		M-O	100	100	150	165	-182.5	105	-115	-115	-200	-200	-200	0.0	0.00
Greg Carabine	36	M-O	101.2	110	-170	-180	180	125	135	-140	170	-190	-190	485.0	293.78
David Addie		M-O	122	125	-215	-215	-215	160	-170	-170	220	227.5	-230	0.0	0.00
<b>Bench Press Championships</b>															
David Addie		M-O	122	125				-160	-160	-160				0.0	0.00
Marc Morris		M-O	79.7	82.5				-145	155	-162.5				155.0	106.07
Dennis Bergseth		M-O	99.1	100				-162.5	-162.5	-162.5	125			0.0	0.00
Rob Miller		M-O	73	75				150	160	170				170.0	123.48
Colin Bonneau		M-M3	117.4	125				150	175	-177.5				175.0	101.14
Nathan Rolston		M-O	124.5	125				-185	-185	-185				0.0	0.00
Dominic Boire		M-JR	86.7	90				-205	-205	-205				0.0	0.00
Cory Virtue		M-O	97.1	100				-230	-230	-230				0.0	0.00
Avi Silverberg		M-JR	108.6	110				220	-231	231				231.0	136.49
John Giffen		M-O	112.1	125				-275	-275	-275				0.0	0.00
Alex Mardell		M-O	132.9	125+				290	305	-320.5				305.0	171.85