

Contest:

**2006 POWERFEST
POWERLIFTING CHAMPIONSHIPS**

Location:

St. James Civic Centre
2055 Ness Avenue
Winnipeg, Manitoba

Date:

June 17, 2006

Flight:

A

Referee Pos.

Name

Category

Signature

Head Referee:

Kain Lyon

Prov.

Side Referee:

Brock Haywood

Int. Cat. II

Side Referee:

Susan Haywood

Prov.

Score Keeper:

Bruce Markham

Prov.

Wgt. Class	Name of Lifter	Lot No.	Age Cat.	C.P.U. No.	Body Wgt.	Club/Prov.	SQUAT				BENCH PRESS				SUB TOTAL	DEAD LIFT				TOTAL (Kilo's)	Coef. Factor	Coef. Total	Coef. Place	Cls. Place		
							1	2	3	4	1	2	3	4		1	2	3	4							
Women																										
67.5	Tamara Cunningham	5	Op.	492	66.40	Mb.	-100.0	105.0	112.5		47.5	-50.0	-50.0		160.0	130.0	140.0	145.0		305.0	1.0328	315.00	1	1		
Men																										
75.0	Patrick Durham	13	S.Jr.	496	70.50	Mb.	115.0	125.0	-142.5		62.5	75.0	-80.0		200.0	160.0	175.0	185.0		385.0	0.7453	286.94	8	2		
	Gary Lacoursiere	4	Op./Mi	480	73.00	Mb.	102.5	115.0	-125.0		-102.5	-102.5	102.5		217.5	185.0	192.5	-200.0		410.0	0.7264	297.82	6	1		
	Brandon Demontigny	14	Jr.	495	73.50	Mb.	102.5	107.5	-120.0		70.0	75.0	-87.5		182.5	110.0	125.0	135.0		317.5	0.7228	229.49	9	3		
82.5	Jayson Gramchuk	3	Op.	498	79.40	Mb.	135.0	155.0	172.5		-90.0	90.0	107.5		280.0	135.0	155.0	172.5		452.5	0.6860	310.42	4	1		
	Jamie Jamieson	10	Op.	414	80.80	Sk.	-235.0	235.0	-245.0		-155.0	-155.0	-155.0		80.0					80.0	0.6785	54.28				
90.0	Bret De Kezel	9	S.Jr.	497	89.50	Mb.	160.0	172.5	187.5		112.5	-127.5	-130.0		300.0	205.0	227.5	245.0		545.0	0.6402	348.91	3	1		
100.0	Dave Gledhill	8	M2	481	98.50	Mb.	155.0	-165.0	-170.0		85.0	-100.0	100.0		255.0	170.0	180.0	-190.0		435.0	0.6123	266.35	10	2		
	Steve Powell	11	Op.	500	94.30	Mb.	100.0	Pass	Pass		65.0	Pass	Pass		165.0	280.0	300.0	-320.0		465.0	0.6241	290.21	7	1		
110.0	Simon Swithenbank	6	Op.	491	104.6	Mb.	145.0	150.0	155.0		145.0	-150.0	-150.0		300.0	200.0	-210.0	-210.0		500.0	0.5984	299.20	5	1		
125.0	Guy Page	12	Jr.	489	122.1	Mb.	240.0	250.0	262.5		175.0	-182.5	-187.5		437.5	265.0	282.5	-290.0		720.0	0.5727	412.34	2	1		
125.0+	Ryan Stinn	7	Op.	413	143.6	Sk.	270.0	287.5	300.0		200.0	210.0	-215.0		510.0	240.0	247.5	257.5		767.5	0.5567	427.27	1	1		
Bench Only																										
90.0	Tina Gledhill	19	M1	499	88.10	Mb.					52.5	55.0	57.5	-60.0	57.5					57.5	0.6720	38.64	1	1		
100.0	Ed Dufour	18	Op.	490	97.60	Mb.					135.0	142.5	-147.5		142.5					142.5	0.6147	87.59	1	1		

