

Contest:

**2006 MANITOBA OPEN
POWERLIFTING CHAMPIONSHIPS**

Location:

St. James Civic Centre
2055 Ness Avenue
Winnipeg, Manitoba

Date:

February 05, 2006

Flight:

A

Referee Pos.

Name

Category

Signature

Head Referee:

Brock Haywood

Int. Cat. II

Side Referee:

Susan Haywood

Prov.

Side Referee:

Mike Lange

Prov.

Score Keeper:

Bob Mann

Prov.

Wgt. Class	Name of Lifter	Lot No.	Age Cat.	C.P.U. No.	Body Wgt.	Club/Prov.	SQUAT				BENCH PRESS				SUB TOTAL	DEAD LIFT				TOTAL (Kilo's)	Coef. Factor	Coef. Total	Coef. Place	Cls. Place		
							1	2	3	4	1	2	3	4		1	2	3	4							
Women																										
Men																										
60	Denis Ng	5	Op.	482	59.30	Mb	150.0	-160.0	-160.0		107.5	-115.0	-115.0		257.5	130.0	140.0	155.0		412.5	0.8621	355.62	3	1		
67.5	Renan Andrade	8	S.Jr.	485	62.40	Mb.	95.0	105.0	110.0		50.0	60.0	65.0		175.0	125.0	135.0	140.0		315.0	0.8235	259.40	6	1		
75	Gary Lacoursiere	3	Op./Mi	480	72.80	Mb.	85.0	90.0	-95.0		87.5	90.0	-92.5		180.0	140.0	142.5	-145.0		322.5	0.7278	234.72	8	1		
	Andre Jastrzebski	9	Jr.	486	72.10	Mb.	90.0	100.0	-107.5		80.0	-82.5	-82.5		180.0	-125.0	125.0	-147.5		305.0	0.7330	223.57	10	2		
90	Tyler Buffie	11	Jr.	488	85.00	Mb.	-100.0	100.0	120.0		80.0	85.0	-90.0		205.0	140.0	155.0	165.0		370.0	0.6583	243.57	9	2		
	BruceMarkham	6	M1	483	86.10	Mb.	250.0	272.5	-290.0		170.0	-177.5	177.5		450.0	240.0	260.0	-272.5		710.0	0.6536	464.06	1	1		
100	Dave Gledhill	4	M2	481	98.60	Mb.	120.0	132.5	-145.0		-75.0	77.5	87.5		220.0	145.0	170.0	-182.5		390.0	0.6121	238.72	7	1		
110	Mathew Sedor	7	S.Jr.	484	107.00	Mb.	170.0	182.5	192.5		152.5	157.5	-165.0		350.0	185.0	200.0	212.5		562.5	0.5937	333.96	5	2		
	Charlie Turner	8	M1	487	103.60	Mb.	-205.0	-210.0	215.0	-220.0	160.0	170.0	-180.0		385.0	190.0	200.0	-220.0		585.0	0.6004	351.23	4	1		
125	Guy Page	12	Jr.	489	122.90	Mb.	230.0	242.5	-247.5		-165.0	175.0	-185.0		417.5	250.0	272.5	-277.5		690.0	0.5719	394.61	2	1		
Bench Only																										
100	Ed Dufour	13	Op.	490	92.90	Mb.					142.5	152.5	-165.0		152.5					152.5	0.6285	95.85	1	2		
	Simon Swithenbank	14	Op.	491	100.00	Mb.					145.0	155.0	-160.0		155.0					155.0	0.6086	94.33	2	1		