

Contest: **17 WING POWERLIFTING CHAMPIONSHIPS**

Location: **Building 90**
17 Wing Base Theater
Winnipeg, Manitoba

Date: November 15, 2008

Flight: **Full Contest**



Referee Pos.	Name	Category	Signature
Head Referee:	Brock Haywood	Int. Cat. 2	_____
Side Referee:	Bruce Markham	Provincial	_____
Side Referee:	Tamara Cunningham	Provincial	_____
Supplemental (for National Records)			
Head Referee:			_____
Side Referee:	Annette Powell	National	_____
Score Keeper:	Bruce Markham	Provincial	_____

Wgt. Class	Name of Lifter	Lot No.	Age Cat.	C.P.U. No.	Body Wgt.	Club/Prov.	SQUAT			BENCH PRESS			SUB TOTAL	DEAD LIFT			TOTAL (Kilo's)	Coef. Factor	Coef. Total	Coef. Place	Cls. Place	
							1	2	3	1	2	3		1	2	3						
Women																						
56.0	Annette Powell	9	Op.	467	55.1	Mb.	107.5	117.5	125.0	55.0	60.0	65.0	190.0	127.5	140.0	Pass	330.0	1.1916	393.228	1	1	
67.5	Traci Wright	12	M1	483	64.5	Mb.	-67.5	67.5	-72.5	-57.5	57.5	-60.0	125.0	67.5	77.5	90.0	215.0	1.0551	226.847	2	1	
82.5	Susan Haywood	5	M2	480	77	Mb.	95.0	-105.0	-105.0	-65.0	-65.0	-65.0	30.0	Pass	Pass	Pass	30.0	0.9354	28.062	3	1	
Men																						
90.0	Al Bugden	3	M1	484	86.3	Mb.	190.0	200.0	-205.0	137.5	-142.5	-142.5	337.5	190.0	200.0	-205.0	537.5	0.6528	350.880	5	1	
	Bert Merriman	7	M3	486	87.1	Mb.	150.0	-190.0	-221.0	125.0	-145.0	-150.0	275.0	185.0	225.0	-240.0	500.0	0.6495	324.750	8	2	
100.0	Mike Leudy	8	Mil.	488	98.5	Mb.	200.0	217.5	-227.5	182.5	192.5	-205.0	410.0	217.5	227.5	-237.5	637.5	0.6123	390.341	3	1	
	Harvey Hanec	13	M3	472	93.1	Mb.	145.0	157.5	167.5	-140.0	140.0	-170.0	307.5	130.0	140.0	150.0	457.5	0.6279	287.264	9	3	
	Steve Powell	14	Op.	468	95.6	Mb.	125.0	Pass	Pass	125.0	Pass	Pass	250.0	267.5	295.0	-326.0	545.0	0.6203	338.064	7	2	
125.0	Guy Page	6	Op.	481	123.3	Mb.	280.0	-305.0	-305.0	-200.0	-200.0	200.0	480.0	265.0	-295.0	-295.0	745.0	0.5715	425.768	1	1	
	Justin Yakiwchuk	11	Jr.	482	124	Mb.	-225.0	225.0	-265.0	142.5	-192.5	-192.5	367.5	230.0	-275.0	-275.0	597.5	0.5708	341.053	6	2	
125.0+	Derek Spence	10	Op.	476	155	Mb.	200.0	210.0	230.0	-182.5	185.5	200.0	430.0	200.0	215.0	240.0	670.0	0.5507	368.969	4	2	
	Tyler Hildebrand	15	Op.	485	148.1	Mb.	280.0	-300.0	-300.0	182.5	-187.5	-187.5	462.5	270.0	-280.0	-295.0	732.5	0.5543	406.025	2	1	
BENCH PRESS																						
Women																						
67.5	Traci Wright	12	M1	483	64.5	Mb.					57.5	60.0	-62.5	60.0				60.0	1.0551	63.306	4	1
Men																						
90.0	Vince Squires	4	Mil.	487.0	85.2	Mb.					-150.0	155.0	-170.0	155.0				155.0	0.6567	101.789	3	1
125.0	Shawn Caruk	22	Op.	477.0	122.3	Mb.					175.0	182.5	192.5	192.5				192.5	0.5725	110.206	2	1
125.0+	Ryan Espey	21	Op.	469.0	151.1	Mb.					235.0	-255.0	-255.0	235.0				235.0	0.5527	129.885	1	1