Contest: **2008 LAST CHANCE POWERLIFTING CHAMPIONSHIPS**

Location: **Haywood's Hardcore Gym**
447 Ferry Road
Winnipeg, Manitoba

Date: February 24, 2008

Flight: **Men's**

MANITOBA POWERLIFTING ASSOCIATION
572 LINDEN AVE. WINNIPEG, MB. R2K-0N8
PHONE: (204) 668-9641

Referee Pos.	Name	Category	Signiture
Head Referee:	**Brock Haywood**	Int. Cat. 2	
Side Referee:	**Tina Gledhill**	Provincial	
Side Referee:	**S. Haywood**	Provincial	

Supplemental (for National Records)

Head Referee:			
Side Referee:			
Score Keeper:	**Bruce Markham**	Provincial	

Wgt. Class	Name of Lifter	Lot No.	Age Cat.	C.P.U. No.	Body Wgt.	Club/ Prov.	SQUAT			BENCH PRESS			SUB TOTAL	DEAD LIFT			TOTAL (Kilo's)	Coef. Factor	Coef. Total	Coef. Place	Cls. Place
							1	2	3	1	2	3		1	2	3					
Men																					
75.0	Gary Lacoursiere	1	M1/MIL	471	74.0	MB				110.0	**115.0**	-117.5	**115.0**				**115**	0.7193	**82.72**	4	1
100.0	Harvey Hanec	4	M3	472	95.4	MB				-142.5	**142.5**	-147.5	**142.5**				**142.5**	0.6209	**88.48**	3	1
110.0	Ed Dufour	3	OP.	470	103.1	MB				180.0	-190.0	**190.0**	**190.0**				**190.0**	0.6011	**114.21**	2	1
125.0+	Ryan Espey	2	OP.	479	152.7	MB				175.0	190.0	**207.5**	**207.5**				**207.5**	0.5519	**114.52**	1	1