Contest: **2009 KEYSTONE KLASSIC BENCHPRESS CHAMPIONSHIPS**

Location: **UNIVERSITY OF MANITOBA**
Frank Kennedy Building
Winnipeg, Manitoba

Date: November 28, 2009

Flight: **BenchPress Only**

MANITOBA POWERLIFTING ASSOCIATION
572 LINDEN AVE. WINNIPEG, MB. R2K-0N8
PHONE: (204) 668-9641

Referee Pos.	Name	Category	Signiture
Head Referee:	**Steve Powell**	Provincial	
Side Referee:	**Susan Haywood**	Provincial	
Side Referee:	**Tamara Cunningham**	Provincial	

Supplemental (for National Records)

Head Referee:	**Annette Powell**	National	
Side Referee:	**Brock Haywood**	Int. Cat. 2	
Score Keeper:	**Brock Haywood**	Int. Cat. 2	

Wgt. Class	Name of Lifter	Lot No.	Age Cat.	C.P.U. No.	Body Wgt.	Club/ Prov.	SQUAT			BENCH PRESS			SUB TOTAL	DEAD LIFT			TOTAL (Kilo's)	Coef. Factor	Coef. Total	Coef. Place	Cls. Place
							1	2	3	1	2	3		1	2	3					
Men																					
125.0	Trevor Winfield	8	M1	386	121.4	Mb.				250.0	**272.5**	-290.5	**272.5**				**272.5**	0.5734	156.252	1	1
125.0+	Shaun Caruk	6	Op.	382	130.2	Mb.				-237.5	-240.0	-240.0									