Contest: **2009 Portage Strength Classic POWERLIFTING CHAMPIONSHIPS**

Location: **Portage Fitness Co-op**
2401 Saskatchewan Avenue West
Portage la Prairie, Manitoba

Date: June 13, 2009

Flight: **Full Contest**

MANITOBA POWERLIFTING ASSOCIATION
572 LINDEN AVE. WINNIPEG, MB. R2K-0N8
PHONE: (204) 668-9641

| Referee Pos. | Name | Category | Signature |
|---|---|---|---|
| Head Referee: | **Annette Powell** | National | |
| Side Referee: | **Susan Haywood** | Provincial | |
| Side Referee: | **Brock Haywood** | Int. Cat. 1 | |

**Supplemental (for National Records)**

| | | | |
|---|---|---|---|
| **Head Referee:** | | | |
| **Side Referee:** | | | |
| Score Keeper: | **Brock Haywood** | Int. Cat. 1 | |

| Wgt. Class | Name of Lifter | Lot No. | Age Cat. | C.P.U. No. | Body Wgt. | Club/ Prov. | SQUAT | | | BENCH PRESS | | | SUB TOTAL | DEAD LIFT | | | TOTAL (Kilo's) | Coef. Factor | Coef. Total | Coef. Place | Cls. Place |
|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | | | | | | | 1 | 2 | 3 | 1 | 2 | 3 | | 1 | 2 | 3 | | | | | |
| **Women** | | | | | | | | | | | | | | | | | | | | | |
| **60.0** | Patricia Ashworth | 7 | Jr. | 573 | 58.40 | SK | 70.0 | 77.5 | **85.0** | 40.0 | **47.5** | -52.5 | **132.5** | 75.0 | **90.0** | -105.0 | **222.5** | 1.1386 | 253.339 | 2 | 1 |
| **90.0** | Heidi Fowler | 4 | Op. | 411 | 84.00 | SK | 140.0 | 150.0 | **160.0** | 100.0 | **105.0** | -107.5 | **265.0** | 130.0 | **140.0** | -147.5 | **405.0** | 0.8917 | 361.139 | 1 | 1 |
| **Men** | | | | | | | | | | | | | | | | | | | | | |
| **82.5** | Steve Lee | 5 | Jr. | 391 | 77.90 | MB | -172.5 | 172.5 | **187.5** | -125.0 | 125.0 | -137.5 | **312.5** | 212.5 | **225.0** | -237.5 | **537.5** | 0.6945 | 373.294 | 2 | 1 |
| **125.0+** | Travis Bloomer | 3 | Op. | 389 | 125.50 | MB | 227.5 | **240.0** | -250.0 | 205.0 | **217.5** | -227.5 | **457.5** | 250.0 | 272.5 | **297.5** | **755.0** | 0.5694 | 429.897 | 1 | 1 |
| | Tyler Hildebrand | 6 | Op. | 378 | 146.30 | MB | -300.0 | -300.0 | -300.0 | -190.0 | **190.0** | -200.0 | **-110.0** | -250.0 | -260.0 | -260.0 | **-360.0** | 0.5552 | -199.872 | | |