

Contest: **2009 LAST CHANCE
POWERLIFTING CHAMPIONSHIPS**

Location: **UNIVERSITY OF MANITOBA**
Frank Kennedy Building
Winnipeg, Manitoba

Date: February 08, 2009



Referee Pos. Name Category
 Head Referee: **Annette Powell** National
 Side Referee: **Brock Haywood** Int. Cat. 2
 Side Referee: **Tamara Cunningham** Provincial
 Supplemental (for National Records)
 Head Referee:
 Side Referee: **Bill Jamison** Int. Cat. 1
 Score Keeper: **Bob Mann** Provincial

Wgt. Class	Name of Lifter	Age Cat.	Body Wgt.	Club/Prov.	SQUAT			BENCH PRESS			SUB TOTAL	DEAD LIFT			TOTAL (Kilo's)	Coef. Total	Coef. Place	Cls. Place
					1	2	3	1	2	3		1	2	3				
Women																		
82.5	Susan Haywood	M3	77.00	Mb.	85.0	95.0	-105.0	65.0	70.0	75.0	170.0	95.0	105.0	-115.0	275.0	257.2	1	1
Men																		
82.5	Bruce Markham	M1	81.40	Mb.	220.0	240.0	250.0	155.0	-165.0	-165.0	405.0	225.0	240.0	250.0	655.0	442.4	1	1
82.5	Jesse Jamison	Op.	82.50	Sk.	212.5	227.5	232.5	125.0	-132.5	132.5	365.0	212.5	-227.5	-227.5	577.5	386.9	3	2
100.0	Jeremy Lundgren	Jr.	100.00	Sk.	125.0	135.0	-142.5	85.0	90.0	-92.5	225.0	167.5	180.0	187.5	412.5	251.0	5	3
100.0	Andrew Cameron	Jr.	99.50	On.	227.5	242.5	250.0	157.5	172.5	177.5	427.5	225.0	242.5	-252.5	670.0	408.6	2	1
100.0	Harvey Hanec	M3	93.20	Mb.	-150.0	150.0	170.0	145.0	-155.0	-162.5	315.0	140.0	152.5	157.5	472.5	296.5	4	2
125.0+	Tyler Hildebrand	Op.		Mb.	Scratch	Scratch	Scratch	Scratch	Scratch	Scratch		Scratch	Scratch	Scratch				
BENCH PRESS																		
Men																		
82.5	Mike Foley	M3	82.5	Sk.				-125.0	-125.0	-125.0	-125.0				-125.0	-83.738		
100.0	Ed Dufour	Op.	104	Mb.				200.0	-210.0	210.0	210.0				210.0	125.916	1	1
125.0	Shawn Caruk	Op.	124.2	Mb.				192.5	-205.0	-205.0	192.5				192.5	109.841	2	1