

## 2010 Ontario Championships St Catharines Ontario 23rd and 24th January 2010

AgeClass	Wt. Class	Name	Club	Bwt.	M/F	1stSq	2ndSq	3rdSq	1stBen	2ndBen	3rdBen	1stD/L	2ndD/L	3rdD/L	Total	Wilks	Place
Junior	60	Kristen Sweeney	Phoenix	59.1	Female	105.0	-112.5	-112.5	50.0	-55.0	-55.0	125.0	141.0	-150.5	296.0	333.9	1
Junior	67.5	Ashley Werner	Defining Edge	65.0	Female	90.0	95.0	105.0	62.5	67.5	72.5	112.5	127.5	143.0	320.5	336.2	1
Junior	67.5	Stacey Jensen	.	64.7	Female	90.0	105.0	-107.5	55.0	62.5	-67.5	125.0	-137.5	-137.5	292.5	307.9	2
Junior	75	Rebecca McKeen	Iron Works	68.7	Female	115.0	125.0	-142.5	52.5	-60.0	60.0	115.0	-145.0	147.5	332.5	335.1	1
M1	60	Julie Watkin	.	59.3	Female	107.5	120.0	130.0	62.5	67.5	-70.0	135.0	145.0	151.0	348.5	392.1	1
M1	75	Jackie Pritchard	Niagara	72.9	Female	140.0	150.0	-160.0	85.0	90.0	-92.5	135.0	140.0	145.0	385.0	372.7	1
M1	82.5	Ulrike Kruger	Toronto Rex	75.3	Female	155.0	-165.0	165.0	60.0	65.0	67.5	140.0	150.0	155.0	387.5	367.5	1
M1	90	Tracy Dunning	.	83.5	Female	80.0	110.0	-130.0	70.0	82.5	85.0	-145.0	145.0	162.5	357.5	319.8	1
M2	48	Sue Thomson	Capital Barbell	47.4	Female	80.0	-85.0	-85.0	50.0	55.0	57.5	95.0	100.0	-105.0	237.5	317.5	1
M2	56	Grace Bartel	Niagara	53.8	Female	-80.0	80.0	-90.0	-52.5	52.5	57.5	115.0	125.0	-135.0	262.5	318.7	1
M2	60	Jane Lessard	.	59.5	Female	105.0	110.0	115.0	65.0	67.5	-70.0	105.0	112.5	117.5	300.0	336.6	1
M2	67.5	Althea Flegg	.	60.2	Female	110.0	120.0	125.0	52.5	57.5	60.0	110.0	120.0	-125.0	305.0	339.2	1
M2	82.5	Karen Allison	.	79.7	Female	132.5	140.0	147.5	80.0	-85.0	-85.0	135.0	140.0	-145.0	367.5	337.0	1
M2	90+	Mary Lupton	Defining Edge	93.5	Female	80.0	85.0	90.0	45.0	-47.5	-47.5	110.0	115.0	122.5	257.5	219.2	1
M3	67.5	Carol Brady	Defining Edge	65.9	Female	65.0	70.0	75.0	42.5	-47.5	47.5	80.0	85.0	90.0	212.5	220.7	0
Open	56	Maggie Rafferty	Iron Works	55.8	Female	105.0	110.0	-117.5	60.0	62.5	-65.0	115.0	120.0	-130.0	292.5	345.1	1
Open	67.5	Mary Ann Kaczor	.	66.1	Female	127.5	137.5	-145.0	67.5	-75.0	75.0	145.0	-162.5	162.5	375.0	388.6	1
Open	67.5	Anita Santos	Defining Strength	67.1	Female	130.0	142.5	-147.5	70.0	-75.0	-75.0	130.0	145.0	-165.0	357.5	366.4	2
Open	75	Krista Miller	Defining Strength	71.9	Female	-92.5	102.5	-115.0	52.5	57.5	60.0	110.0	125.0	-135.0	287.5	280.9	1
Open	75	Natasha Farrell	Defining Strength	73.9	Female	100.0	-115.0	115.0	45.0	-47.5	-47.5	115.0	-137.5	-137.5	275.0	263.9	2
Open	75	Sonja Bedic	Defining Edge	74.6	Female	85.0	90.0	97.5	50.0	-52.5	-52.5	115.0	125.0	-132.5	272.5	259.9	3
aSubJun	67.5	Dalton Major	PowerPit	65.1	Male	185.0	202.5	-211.0	115.0	122.5	-127.5	195.0	217.5	220.0	545.0	432.8	1
aSubJun	82.5	Phillip Tofflemire	PowerPit	80.7	Male	150.0	-165.0	-165.0	100.0	107.5	-115.0	167.5	197.5	-202.5	455.0	308.9	1
aSubJun	125+	Chad Farquhar	Steel City	136.2	Male	-202.5	215.0	227.5	-155.0	155.0	162.5	205.0	215.0	230.0	620.0	347.9	1
aSubJun	125+	Shaun Mcfadden	London	140.4	Male	210.0	-215.0	215.0	-125.0	130.0	135.0	-215.0	215.0	-220.0	565.0	315.6	2
Junior	75	Justin VanSchyndel	Iron Foundation	70.7	Male	175.0	185.0	192.5	132.5	142.5	-147.5	175.0	187.5	-200.0	522.5	388.6	1
Junior	82.5	Mark Whitworth	Steel City	82.4	Male	175.0	190.0	195.0	132.5	142.5	-147.5	185.0	195.0	-205.0	532.5	357.0	1
Junior	82.5	Brian Whitworth	Steel City	80.7	Male	175.0	182.5	190.0	127.5	135.0	-142.5	172.5	182.5	190.0	515.0	349.7	2
Junior	90	Dave Jastrubecki	Niagara	86.8	Male	192.5	-212.5	227.5	-130.0	-130.0	130.0	225.0	-240.0	-240.0	582.5	379.0	1
Junior	100	Marlon Obratoski	Iron Foundation	99.0	Male	292.5	312.5	320.0	210.0	-220.0	-220.0	267.5	282.5	-297.5	812.5	496.5	1
Junior	100	Andrew Cameron	Steel City	99.1	Male	247.5	-265.0	275.0	172.5	-192.5	-192.5	242.5	260.0	-272.5	707.5	432.2	2
Junior	110	Arlen Montrope	Lakeside	107.6	Male	250.0	252.5	-260.0	-155.0	-155.0	-155.0				0	0	
Junior	125	Justin Burns	Lakeside	123.5	Male	-255.0	-255.0	-255.0							0	0	
Junior	125+	Tom Stoffelson	.	149.0	Male	242.5	-255.0	255.0	160.0	167.5	172.5	257.5	265.0	-277.5	692.5	383.5	1
M1	82.5	Greg Platsko	PowerPit	82.4	Male	-180.0	-180.0	190.0	160.0	165.0	170.0	220.0	-235.0	247.5	607.5	407.3	1
M1	82.5	Sandro D'Angelo	Iron Works	80.1	Male	-220.0	220.0	-227.5	-145.0	145.0	-155.0	222.5	230.0	240.0	605.0	412.7	2
M1	90	Jeff Becker	Iron Foundation	89.2	Male	295.0	-305.0	305.0	187.5	192.5	-197.5	280.0	292.5	-297.5	790.0	506.6	1
M1	90	Hoi Leung	Niagara	89.4	Male	250.0	267.5	-275.0	-170.0	170.0	177.5	265.0	280.0	295.0	740.0	474.0	2
M1	100	Barry McEvoy	Lakeside	95.6	Male	-250.0	250.0	260.0	205.0	-212.5	-212.5	235.0	250.0	-265.0	715.0	443.5	1
M1	100	Dave Pigozzo	Iron Foundation	96.6	Male	235.0	245.0	-255.0	157.5	162.5	170.0	255.0	267.5	275.0	690.0	426.0	2
M1	110	Mark Giffin	Iron Foundation	109.0	Male	285.0	297.5	310.0	205.0	215.0	-227.5	247.5	267.5	282.5	807.5	476.6	1

M1	110	Andy Childs	Phoenix	106.1	Male	-292.5	305.0	-310.0	192.5	200.0	205.0	250.0	277.5	290.0	800.0	476.3	2
M1	125	Sheldon Duncan	PowerPit	111.4	Male	190.0	200.0	207.5	145.0	155.0	162.5	240.0	255.0	265.0	635.0	372.3	1
M2	75	Frank Nadeau	Niagara	72.6	Male	-182.5	-200.0	-200.0							0	0	
M2	75	Walter Urban	Iron Foundation	74.9	Male	187.5	197.5	205.0	115.0	125.0	-132.5	205.0	215.0	222.5	552.5	394.1	1
M2	75	Barry Simms	London	74.8	Male	150.0			100.0			175.0			425.0	303.4	2
M2	82.5	Stan Goss	London	82.1	Male	127.5	140.0	160.0	90.0	97.5	-102.5	170.0	185.0	-200.0	442.5	297.3	1
M2	100	Steve Chomitz	Golden Triangle	99.4	Male	237.5	-245.0		182.5	193.0	-195.0	227.5	250.0	-262.5	680.5	415.1	1
M2	100	Paul Francis	London	99.3	Male	175.0	185.0	190.0	150.0	157.5	160.0	175.0	190.0	205.0	555.0	338.7	2
M2	110	Adrian Ninaber	PowerPit	108.1	Male	207.5	215.0	-227.5	-177.5	177.5	-185.0	220.0	237.5	-252.5	630.0	372.8	1
M2	110	Miroslav Koprnicky	.	100.5	Male	160.0	175.0	185.0	172.5	177.5	-180.0	180.0	190.0	202.5	565.0	343.2	2
M2	110	Blake Giberson	PowerPit	108.8	Male	165.0	-177.5	182.5	142.5	152.5	-160.0	-207.5	-207.5	207.5	542.5	320.4	3
M2	125	Ron Strong	PowerPit	118.4	Male	-280.0	280.0	-290.0	180.0	195.0	-202.5	290.0	305.0	-312.5	780.0	449.9	1
M2	125+	Mike Knott	London	143.8	Male	-240.0	-240.0	-240.0							0	0	
M3	90	Marvin Kelso	.	89.0	Male	177.5	192.5	205.0	132.5	-150.0	-150.0	170.0	180.0	200.0	537.5	345.1	1
M3	100	Jack Taylor	Niagara	94.0	Male	-160.0	-170.0	-180.0							0	0	
Open	75	Jamie Stephen	.	69.1	Male	185.0	195.0	-200.0	125.0	-130.0	-130.0	-205.0	217.5	225.0	545.0	412.5	1
Open	90	Dave Walters	Phoenix	89.4	Male	275.0	-285.0	285.0	230.0	240.0	-245.0	240.0	-265.0	-265.0	765.0	490.0	1
Open	90	Dave Bolton	Iron Foundation	88.8	Male	245.0	255.0	-262.5	155.0	160.0	167.5	265.0	275.0	295.0	717.5	461.2	2
Open	90	Mike Dickinson	Iron Foundation	89.1	Male	265.0	275.0	-282.5	165.0	-172.5	172.5	260.0	-267.5	-267.5	707.5	454.0	3
Open	90	Vince Byrne	PowerPit	89.8	Male	225.0	237.5	-245.0	175.0	182.5	-187.5	245.0	257.5	-267.5	677.5	433.0	4
Open	90	Barry Antoniow	Iron Works	88.7	Male	210.0	227.5	-242.5	205.0	235.0	-250.0	-182.5	182.5		645.0	414.9	5
Open	100	Brandon Ward	Golden Triangle	98.9	Male	250.0	260.0	265.0	190.0	-195.0	195.0	260.0	275.0	282.5	742.5	453.9	1
Open	110	Tim Ekert	PowerPit	109.5	Male	225.0	-247.5	-247.5	205.0	215.0	-227.5	240.0	250.0	262.5	702.5	414.0	1
Open	125	Jason Byrne	PowerPit	125.0	Male	260.0	275.0	280.0	185.0	195.0	200.0	280.0	302.5	320.0	800.0	455.9	1
Open	125	Kelly Branton	PowerPit	123.9	Male	250.0	270.0	295.0	175.0	185.0	192.5	235.0	265.0	275.0	762.5	435.3	2
Open	125+	Stephen Jesso	Lakeside	174.6	Male	-335.0	335.0	350.0	245.0	-252.5	-252.5	275.0	300.0		895.0	484.0	1