

2010 Ottawa Open

17th July 2010

Name	Age	Class	Club	Bwt.	SQ 1	SQ 2	SQ 3	BP 1	BP 2	BP 3	DL 1	DL 2	DL 3	Total	Wilks	Pl.
Women																
Sue Thomson	M2	48	Capital Barbell	47.7	92.5	97.5	100.0	62.5	67.5	70.0	107.5	112.5		282.5	375.9	1
Odette Michaud	M1	48	.	40.1	90.0	-95.0	-95.0	32.5	35.0	-37.5	125.0	127.5	130.0	255.0	380.3	2
Jayne Major	M1	52	Ultimate Fitness	49.1	97.5	-107.5	-107.5	-52.5	-52.5	-52.5						
Maggie Rafferty	Open	60	Iron Works	57.2	125.0	135.0	-142.5	60.0	-65.0	65.0	125.0	137.5	142.5	342.5	396.3	1
Elizabeth Munn	M2	60	.	59.7	-25.0	25.0	27.5	30.0	35.0	-40.0	40.0	45.0	65.0	127.5	142.7	2
Sarah Leighton	Open	67.5	Ultimate Fitness	66.3	-175.0	175.0	183.0	110.0	112.5	115.0	157.5	170.0	-175.0	468.0	483.9	1
Stacey Jensen	Junior	67.5	.	64.3	137.5	147.5	157.5	60.0	82.5	87.5	137.5	142.5	150.0	395.0	417.7	2
Mary Ann Kaczor	Open	67.5	.	64.9	-137.5	137.5	-147.5	-85.0	-85.0	85.0	145.0	155.0	165.0	387.5	407.0	3
Angela Burgess	Open	67.5	Ultimate Fitness	64.5	102.5	110.0	117.5	57.5	-60.0	-62.5	127.5	137.5	-142.5	312.5	329.7	4
Hilda Siegel	Open	67.5	Ultimate Fitness	65.7	60.0	-65.0	77.5	52.5	55.0	-60.0	102.5	110.0	115.0	247.5	257.6	5
Alyssa Smith	S-Jun	75	.	74.1	-135.0	-140.0	140.0	55.0	-62.5	-62.5	125.0	135.0	-145.0	330.0	316.1	1
Tracey Alf	Open	90+	Ultimate Fitness	90.6	-75.0	75.0	82.5	50.0	-55.0	-55.0	115.0	122.5	130.0	262.5	226.2	1
Men																
Farbod Farhang	S-Jun	60	.	58.2	102.5	112.5	117.5	60.0	82.5	90.0	127.5	152.5	160.0	367.5	322.4	1
Callum Schjerning	S-Jun	67.5	.	67.4	102.5	112.5	117.5	62.5	75.0	-80.0	102.5	127.5	137.5	330.0	254.7	1
Chris Fudge	Open	75	Iron Works	74.0	165.0	177.5	-182.5	-125.0	-125.0	-125.0						
Yves Brousseau	Junior	75	.	74.5	250.0	-265.0	-265.0	192.5	205.0	-210.0	200.0	215.0	225.0	680.0	486.8	1
Jamie Desjardins	Junior	75	Western Gym	74.2	-185.0	185.0	-195.0	107.5	-110.0	-110.0	215.0	-227.5	-227.5	507.5	364.4	2
Graeme Bean	Junior	75	.	73.3	142.5	160.0	170.0	-102.5	-107.5	107.5	202.5	210.0	-220.0	487.5	353.1	3
Brendan Williamson	S-Jun	75	.	73.7	115.0	142.5	155.0	62.5	80.0	87.5	165.0	190.0	200.0	442.5	319.2	4
Corey Tsang	Junior	75	.	73.0	140.0	150.0	155.0	67.5	82.5	-87.5	175.0	180.0	-187.5	417.5	303.3	5
Richard Sarazin	M3	75	Capital Barbell	74.3	125.0	-142.5	-142.5	77.5	85.0	87.5	142.5	175.0	-185.0	387.5	277.9	6
Eytan Rip	Open	82.5	Ottawa Strong	81.6	205.0	207.5	-210.0	-150.0	-150.0	-150.0				0	0	
Matt Shelvock	Junior	82.5	Western Gym	80.0	205.0	215.0	-220.0	115.0	-122.5	-122.5	-225.0	225.0		555.0	378.9	1
Kevin Cancian	Junior	82.5	Capital Barbell	78.9	175.0	-185.0	195.0	110.0	-115.0	-115.0	185.0	210.0	235.0	540.0	371.9	2
Laurie Greenidge	M3	82.5	.	82.0	185.0	195.0	202.5	120.0	-130.0	-130.0	185.0	195.0	-200.0	517.5	347.9	3
Rohan Kembhavi	Open	82.5	.	78.9	110.0	132.5	-140.0	-110.0	-110.0	110.0	160.0	-172.5	180.0	422.5	291.0	4
Claude Dallaire	M2	90	.	86.9	250.0	260.0	267.5	150.0	155.0	-157.5	295.0	-300.0		717.5	466.6	1
Greg Page	Open	90	Iron Works	88.9	-225.0	235.0	-250.0	180.0	185.0	190.0	225.0	-235.0	-235.0	650.0	417.6	2
Herb Greenidge	M2	90	Ottawa Strong	88.8	200.0	220.0	230.0	-140.0	-140.0	140.0	190.0	202.5	212.5	582.5	374.4	3
Kristin Fischer	Junior	90	.	87.7	185.0	195.0	212.5	125.0	-145.0	-147.5	190.0	205.0	225.0	562.5	364.0	4
Andrew Wilson	Junior	90	.	85.5	-130.0	130.0	137.5	102.5	-110.0	117.5	175.0	182.5	195.0	450.0	295.3	5
Dane Blimkie	Open	100	Ultimate Fitness	97.9	215.0	-232.5	-232.5	115.0	125.0	-137.5	222.5	242.5	-250.0	582.5	357.6	1
Raymond White	M2	100	.	96.8	185.0	205.0	-215.0	-142.5	142.5	145.0	-145.0	145.0	160.0	510.0	314.6	2
Ashwin Juneja	Open	100	.	98.2	130.0	-145.0	145.0	90.0	-100.0	-100.0	170.0	185.0	-197.5	420.0	257.5	3
David Droeske	Junior	110	Ultimate Fitness	104.8	220.0	235.0	250.0	155.0	165.0	-175.0	267.5	-287.5	287.5	702.5	420.1	1
Patrick Hartwick	M3	110	PoweReach	103.7	-250.0	-250.0	250.0	137.5	150.0	155.0	185.0	227.5	-235.0	632.5	379.6	2
Matt Wiens	Open	125	Iron Works	119.2	247.5	252.5	-260.0	192.5	-197.5	197.5	262.5	275.0	-300.0	725.0	417.5	1
Chris Yantha	Open	125	Ottawa Strong	122.8	227.5	242.5	255.0	150.0	160.0	-165.0	272.5	300.0	-310.0	715.0	409.0	2
Phillipe Landry	Open	125	.	121.8	-250.0	-250.0	250.0	-185.0	185.0	-197.5	242.5	247.5	255.0	690.0	395.4	3
Bench Press																
Women																
Maggie Rafferty	Open	60	Iron Works	57.2				55.0						55.0	63.6	1
Karyne Turcotte	Open	67.5		64.4				72.5	83.0	-85.0				83.0	87.7	1
Laurie Yade	M1	90+	London	92.9				85.0	87.5	90.0				90.0	76.8	1
Elynnne Dickson	M2	90+	Ultimate Fitness	111.4				85.0	87.5	-90.0				87.5	71.0	2
Men																
Justin VanSchyndel	Junior	75	Iron Foundation	73.3				130.0	142.5	150.0				150.0	108.6	1
Chris Fudge	Open	75	Iron Works	74.0				125.0	-130.0					125.0	89.9	2
Jon Stewart	Open	75		73.3				100.0	115.0	-125.0				115.0	83.3	3
Blaine LeBlond	Junior	82.5		76.6				-125.0	125.0	-130.0				125.0	87.8	1
Rosario Lattanzio	M2	90	Iron Works	89.2				165.0	-185.0	-185.0				165.0	105.8	1
Serge Leduc	Open	100	Iron Works	97.4				197.5	-212.5	212.5				212.5	130.7	1
Barry McEvoy	M1	100	Lakeside	95.6				192.5	-200.0	-200.0				192.5	119.4	2
Frank Mayer	Open	100		95.3				-175.0	-175.0	175.0				175.0	108.7	3
George Flikas	M3	125		119.5				175.0	-182.5	182.5				182.5	105.0	1
James Harmsworth	Open	125		112.0				165.0	175.0	-225.0				175.0	102.4	2