

8/29/2009

London Open 2009

Name	BWt (Lb)	WtCls (Lb)	Squat 1	Squat 2	Squat 3	Best Squat	Bench 1	Bench 2	Bench 3	Best Bench	Sub Total	Deadlift 1	Deadlift 2	Deadlift 3	Best Dead lift	Total	Wilks Total	Place value	Placing Div-WtCl	Pl	Tm Pts	Team
Womens																						
Julie Watkin	55.8	56	425	425	425	0				0	0											
Amma Djane	60	60	60	67.5	80	80	42.5	50	55	50	130	102.5	115	425	115	245.0	273.15	1	1-F-O-60		12	
Jennifer Mulhall	59.3	60	90	95	95	90	40	42.5	47.5	42.5	132.5	97.5	105	412.5	105	237.5	267.21	2	2-F-O-60		9	Team Bararian
Stacey Jensen	62	67.5	85	97.5	102.5	97.5	55	57.5	60	57.5	155	117.5	127.5	137.5	137.5	292.5	317.98	1	1-F-O-67.5		12	
Tammy Coles	64.4	67.5	82.5	85	90	90	60	62.5	65	62.5	152.5	110	115	120	120	272.5	287.86	2	2-F-O-67.5		9	Defining Strength
Jayne Boer	67.2	67.5	80	82.5	90	90	47.5	50	50	50	140	82.5	85	97.5	97.5	237.5	243.17	3	3-F-O-67.5		8	Defining Strength
Carol Brady	65.9	67.5	60	65	70	70	45	47.5	47.5	45	115	80	82.5	90	82.5	197.5	205.11	4	4-F-O-67.5		7	Defining Strength
Krista Miller	74.2	75	102.5	107.5	115	107.5	55	60	60	55	162.5	95	107.5	120	120	282.5	270.38	2	2-F-O-75		9	Defining Strength
Natasha Farrell	73	75	102.5	110	120	110	42.5	47.5	47.5	42.5	152.5	115	130	137.5	130	282.5	273.24	1	1-F-O-75		12	Defining Strength
Lisa Nigh	71.2	75	125	125	125	0				0	0	130			0	0.0	0.00	#N/A	#N/A	#N/A		Defining Strength
Mens																						
Dalton Major	64.9	67.5	180	195	202.5	202.5	105	112.5	120	120	322.5	190	216	220	216	538.5	428.77	1	1-M-O-67.5		12	Power Pit
Craig Laterndresse	60.6	67.5	107.5	112.5	120	112.5	105	105	110	105	217.5	167.5	167.5									
Aaron Wilson	73.4	75	150	155	160	155	110	115	120	115	270	202.5	212.5	220	212.5	482.5	349.09	1	1-M-O-75		12	London Powerlifting
Theodore Lim	73.7	75	130	150	160	150	67.5	77.5	85	77.5	227.5	175	192.5	200	192.5	420.0	302.99	2	2-M-O-75		9	
Greg Platsko	80.6	82.5	175	185	185	185	145	152.5	157.5	152.5	337.5	210	220	230	230	567.5	385.62	1	1-M-O-82.5		12	Power Pit
Steve Spilak	78.5	82.5	180	200	207.5	200	145	155	162.5	155	355	182.5	190	202.5	190	545.0	376.61	2	2-M-O-82.5		9	
Mark Boyle	80.4	82.5	175	182.5	187.5	187.5	120	125	130	125	312.5	177.5	187.5	192.5	192.5	505.0	343.68	3	3-M-O-82.5		8	Team Barbarian
Ryan Gutterman	82.5	82.5	182.5	192.5	200	200	102.5	110	112.5	110	310	185	195	200	195	505.0	338.30	4	4-M-O-82.5		7	London Powerlifting
Peter Ring	76.2	82.5	147.5	155		147.5	127.5	132.5	132.5	127.5	275	172.5	182.5	182.5	172.5	447.5	315.41	5	5-M-O-82.5		6	
Ken Kinakin	82.3	82.5	70	102.5	140	140	100	112.5	117.5	117.5	257.5	152.5	170	182.5	182.5	440.0	295.19	6	6-M-O-82.5		5	Swis Powerlifting
Philip Tofflemire	77	82.5	125	125	140	125	80	90	90	90	215	175	195	195	195	410.0	286.95	7	7-M-O-82.5		4	Power Pit
Dave Walters	89.9	90	260	272.5	280	280	230	242.5	253	242.5	522.5	230	252.5	262.5	262.5	785.0	501.42	1	1-M-O-90		12	Pheonix Fitness
Barry McEvoy	89.1	90	190	205	215	215	180	195	195													
Randall Trusscott	98.5	100	182.5	205	215	215	127.5	135	137.5	135	350	215	230	265	265	615.0	376.59	1	1-M-O-100		12	Phoenix Fitness
Kevin Stirling	91.2	100	162.5	180	195	195	155	155	165	155	350	197.5	210		210	560.0	355.13	2	2-M-O-100		9	Power Pit
Blake Giberson	108.2	110	162.5	172.5	172.5	172.5	150	157.5	157.5	150	322.5	195	220	220	220	542.5	320.92	1	1-M-O-110		12	Power Pit
Jason Byrne	125	125	260	272.5	280	272.5	185	200	200	200	472.5	280	300	310	310	782.5	445.90	1	1-M-O-125		12	Power Pit
Michael Knott	139.5	125+	240	240	240	240	185	195	200	195	435	215	215	227.5	215	650.0	363.42	1	1-M-O-125+		12	London Powerlifting
Justin Burns	125.7	125+	200	205	205	200	120	122.5	125	122.5	322.5	230	240	250	240	562.5	320.18	2	2-M-O-125+		9	

Records Age	Wgt	N/P	Lift	Weight
Dalton Major S Jr	67.5	N/P	D/L	216
		P	Squat	202.5
Dave Walters Open	90	P	3 Bench	242.5
		P	Bench Only	242.5
Michael Knott M II	SHW	P	3 Bench	195
		P	Bench Only	195