

2017 ATP Open Powerlifting & Bench Press Championships

This meet will be capped at 24 lifters and 10 benchers.

DATE: Saturday, August 26th, 2017

PLACE: Adrenaline Training Professionals Training Centre 76 Floral Heights Dr. Sydney, NS

TIMES:

Weigh In: Powerlifting 10:00, am

Lifting Begins at 12:00 pm

Weigh In: Bench Press 2:00, pm

Lifting Begins at 4:00 pm

ENTRY FEES

Powerlifting - \$60

Bench Press-\$60

Both Events -\$80

Competition T-Shirt - (optional) - \$20

(E-Transfers will be accepted. Forward to siep8@hotmail.com)

2015 CPU CARDS:

CPU Athletes - \$70

High School Athletes - \$40

Special Olympics Athletes - \$40 Seniors- \$50

Official Meet Hotel: call for powerlifting rate.

Hampton Inn by Hilton

60 Maillard St.

Membertou, NS B1S 3W3

(902) 564 6555

breakfast buffet included

New 2017 CPU cards are required for all lifters and will be available at the meet. If you're a

NEW LIFTER you will require a CPU card to compete.

They are available online.

CPU CARDS NOT INCLUDED IN REGISTRATION FEE

Age Categories & Weight Classes:

Age categories: Sub-Junior (14-18), Junior (19-23), Open (any age), Master I (40-49), Master II (50-59), Master III (60-69), Master IV (70-79) (Note: Master IV is male only)

Female weight classes: 43kg, 47kg, 52kg, 57kg, 63kg, 72kg, 84kg, 84+kg

Male weight classes: 53kg, 59kg, 66kg, 74kg, 83kg, 93kg, 105kg, 120kg, 120+kg

(Note: women's 43kg and men's 53kg only apply to sub-junior and junior competitors)

Competitors: This event is open to All CPU members.

Awards: All Categories

Meet Director:

Peter Siepierski

Adrenaline Training Professionals Inc.

76 Floral Heights Drive

Sydney, N.S. B1L1G9

www.ATProfessionals.ca

siep8@hotmail.com

902.371.1090

Entry Deadline: Postmarked By

July 20th 2017

\$15 admin fee for late entries

Please Note: The NSPL Association reserves the right to drug test any lifter at this competition by urine analysis, in accordance with CPU/IPF guidelines.

This is a CPU sanctioned event. The CPU follows the anti doping rules and regulations of the WADA code. Please refer to the CPU constitution regarding anti doping policies.

(www.powerlifting.ca).

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Entry Form

Name: _____

Age: _____

Address: _____

City: _____

Province: _____

Phone Number: _____

CPU Card Number: _____

Weight Class: _____

Age Category: Gender: _____

E-mail Address: _____

Event (check): Equipped Powerlifting ___ Equipped Bench Only ___ Both Equipped ___

Classic Powerlifting ___ Classic Bench Only ___ Both Classic ___

(Optional \$20)

T-Shirt Size: Sm ___ Med ___ Lrg ___ XL ___ 2XL ___ 3XL ___ 4XL ___

Total Money Enclosed: \$ _____

WAIVER FORM

In consideration of accepting this entry, I hereby for myself, heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against: the International Powerlifting Federation, the Canadian Powerlifting Union, the N.S. Powerlifting Association and Executive, the Meet Director the meet/contest site sponsor, Sydney Academy and/or Adrenaline Strength Training Professionals and its employees and it's spectators, all organizers, volunteers and sponsors of this contest, from any and all action, causes of actions, claims and demands which may arise in consequence of my participation in this contest. I realize that Powerlifting is a "high risk" sport and that I could be injured. I certify that I am in good physical health and that I have no serious health problems and that I assume full responsibility for such conditions. I accept that I am fully responsible for my wellbeing and safety in the warm up room, on the lifting platform and while I am competing at this event. I am also aware that I am responsible for the actions of any coach and entourage that attend this contest in my support. I also certify by my signature that I have read this waiver and fully understand and accept its terms. I do hereby verify my acceptance of these terms by my signature below.

SIGNATURE: _____

PARENT OR GUARDIAN (if under 18) _____

DATE: _____

Mail Payments & Entry Form to:
Peter Siepierski
76 Floral Heights Drive
Sydney, N.S. B1L1G9

(E-Transfers will be accepted. Forward to siep8@hotmail.com)