

Contest  
Date/Location

Falmouth Invitational  
Nov 22, 2008, Falmouth, NS

Record Attempts/Lifts in Red

NAME	Pr.	Age Cat	B/W	CLASS	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	TOTAL	Wilks Pts
<b>Women</b>															
Jodi Bainbridge	NB	OP	48.0	48	62.5	---	---	42.5			132.5	141.0	-142.5	246.0	325.8074
Heather Ayles	PE	OP	55.2	56	-160.0	160.0	-177.5	-77.5	77.5	-85.0	150.0	160.0	172.5	410.0	487.8797
Katherine Smith	NS	OP	74.8	75	102.5	107.5	-115.0	52.5	57.5	60.0	115.0	125.0	137.5	305.0	290.4315
Cassandra Henry	NS	JU	71.4	75	60.0	-70.0	70.0	52.5	55.0	57.5	110.0	115.0	120.0	247.5	242.9257
<b>Men</b>															
Andrew Dulong	NS	JU	65.9	67.5	182.5	-190.0	190.0	105.0	-126.0	-132.5	182.5	200.0	211.0	506.0	397.8052
Scott McManaman	NS	JU	72.7	75	120.0	135.0	142.5	102.5	117.5	127.5	157.5	175.0	185.0	455.0	331.4810
Ron Delaney	NS	M2	78.0	82.5	-205.0	-215.0	-217.5	-137.5	-140.0	140.0				Disq	---
Kevin Cudmarc	PE	SJ	81.5	82.5	-175.0	-175.0	-175.0	90.0	97.5	-400.0	175.0	192.5	200.0	Disq	---
Jason Lamond	NS	OP	81.6	82.5	-130.0	135.0	142.5	112.5	115.0	120.0	170.0	175.0	185.0	447.5	301.7776
Greg Doucette	NS	OP	88.5	90	272.5	290.0	300.0	247.5	252.5	-257.5	300.0	312.5	320.0	872.5	561.8621
Paul Travis	NS	JU	87.4	90	165.0	177.5	-185.0	165.0	-172.5	-175.0	217.5	227.5	-235.0	570.0	369.5147
Simon Appleby	NS	OP	88.2	90	115.0	122.5	127.5	100.0	102.5	-407.5	155.0	-162.5	-162.5	385.0	248.3724
Pete Vickery	NS	OP	99.9	100	-250.0	250.0	-257.5	-175.0	-175.0	-175.0				Disq	---
Darren Weatherbie	PE	OP	98.9	100	340.0	350.0	-355.0	245.0	250.0	-255.0	290.0	300.0	-310.0	900.0	550.1906
David MacInnis	PE	JU	98.8	100	280.0	295.0	308.5	175.0	185.0	-190.0	280.0	292.5	303.5	797.0	487.4271
Steve MacDougall	NS	JU	93.0	100	175.0	195	205.0	140.0	155.0	-162.5	235.0	260.0	275.0	635.0	398.9007
Byron Monster	NL	M2	90.7	100	-217.5	225.0	232.5	122.5	127.5	-132.5	230.0	240.0	-245.0	600.0	381.5424
Matt MacKay	NS	OP	95.8	100	167.5	177.5	185.0	142.5	147.5	-150.0	235.0	252.5	-257.5	585.0	362.5223
Stephen Seney	NS	OP	96.6	100	155.0	185.0	187.5	122.5	140.0	-145.0	200.0	237.5	-242.5	565.0	348.8516
Steve MacKenzie	NS	JU	91.2	100	-170.0	175.0	-182.5	157.5	-165.0	-165.0	172.5	185.0	-205.0	517.5	328.1814
Jeff Zambello	NB	M1	94.6	100	142.5	152.5	160.0	100.0	107.5	-115.0	142.5	160.0	175.0	442.5	275.7757
Tom Nichols	PE	M1	110.0	110	205.0	225.0	240.0	160.0	170.0	182.5	230.0	250.0	265.0	687.5	404.5891
Alex Crosby	NS	OP	105.3	110	-182.5	182.5	-192.5	175.0	180.0	182.5	182.5	210.0	-212.5	575.0	343.2509
Hal Mullholland	IN	M3	114.3	125	-205.0	-210.0	-215.0							Disq	---
Steve Snell	NS	OP	122.0	125	237.5	247.5	-257.5	192.5	-202.5	-202.5	245.0	250.0	260.0	700.0	400.9445
John MacEachern	NS	M1	128.2	125+	280.0	295.0	-302.5	185.0	190.0	-195.0	280.0	285.0	-290.0	770.0	436.6225
Tony Dawe	NS	OP	130.5	125+	165.0	172.5	185.0	165.0	172.5	180.0	180.0	190.0	202.5	567.5	320.7547
Luc Racine	NS	OP	128.8	125+	190.0	-205.0	210.0	140.0	145.0	150.0	170.0	190.0	200.0	560.0	317.2679
<b>BENCH PRESS</b>															
Greg Doucette	NS	OP	92.0	100				255.0	-265.0	-272.5				255.0	161.0218
Mark McPhail	ONS	OP	99.6	100				-185.0	190.0	195.0				195.0	118.8661
Daniel MacInnis	PE	JU	98.8	100				175.0	-187.5	187.5				187.5	114.6707
Brant McGowan	NS	M1	97.5	100				175.0	185.0	-195.0				185.0	113.7709
Lucus Handie	NS	OP	99.8	100				170.0	175.0	-180.0				175.0	106.5885
Steve Mackenzie	NS	JU	91.8	100				162.5	-170.0	172.5				172.5	109.0420
Matt Mackay	NS	OP	95.8	100				152.5	-170.0	-170.0				152.5	94.5037
Byron Monster	NL	M2	90.7	100				122.5	-125.0	-175.5				122.5	77.8982
Alex Crosby	NS	OP	105.8	110				177.5	182.5	-185.0				182.5	108.7666
John MacDonald	PE	OP	111.0	125				-210.0	215.0	-227.5				215.0	126.1804
Steve Snell	NS	OP	122.9	125				192.5	-195.0	195.0				195.0	111.5135