

**2012 MATHESON EYEWEAR-HILLSIDE MOTORS GM  
CADILLAC PEI PROVINCIAL  
POWERLIFTING & BENCH PRESS CHAMPIONSHIPS**

**DATE:** SATURDAY, JANUARY 28, 2012

**PLACE:** NATURALLY FIT TOTAL FX  
9 GARFIELD STREET • CHARLOTTETOWN, PEI

**TIMES:** **Powerlifting**-Weigh In: 8:00am, Lifting Begins at 10:00am  
**Bench Press**- Weigh in: 12:00 noon, lifting begins at 2:00 pm.

**RULES :** All CPU rules will be followed. One piece singlet required.

**ENTRY FEE:** \$65.00 per event, \$90 for both.

**ENTRY FEE:** PEI High School Athletes and Special Olympics Athletes only.  
\$50 per event, \$70 for both.

**2012 CPU CARDS:** CPU Athletes - \$65  
High School Athletes - \$35  
Special Olympics Athletes - \$45

**Awards:** Male and Female Best Lifter and medals for placings.

**Meet Directors:** Jason Mosher: 902-367-7224, Tom Nicholls: 902-940-7625

**Entry Deadline: Postmarked By JANUARY 13, 2012. No late entries accepted.**

**Please Note :** This is a CPU sanctioned event. 2012 CPU cards are required for all lifters and will be available at the competition or you can get them directly from PEIPLA President Heather Ayles, 902-894-4320. The CPU follows the anti doping rules and regulations of the WADA code. Please refer to the CPU constitution regarding anti doping policies.  
([www.powerlifting.ca](http://www.powerlifting.ca)).

**2012 MATHESON EYEWEAR-HILLSIDE MOTORS GM CADILLAC PEI PROVINCIAL  
POWERLIFTING & BENCH PRESS CHAMPIONSHIPS (Please return this form with entry fee)**

NAME \_\_\_\_\_ CPU CARD# \_\_\_\_\_

ADDRESS: \_\_\_\_\_ Postal Code \_\_\_\_\_

CITY: \_\_\_\_\_

PHONE: \_\_\_\_\_

EMAIL: \_\_\_\_\_

DATE OF BIRTH: \_\_\_\_\_

SEX: M F

**Please Circle through-out where applicable**

**EQUIPPED CLASSIC/RAW**

**AGE CLASS :**

SUB-JUNIOR JUNIOR OPEN MASTER I II III IV SPECIAL OLYMPICS

**WEIGHT CLASS :**

(MEN) 52Kg 59Kg 66Kg 74Kg 83Kg 93Kg 105Kg 120 Kg 120+ Kg

(WOMEN) 43Kg 47Kg 52Kg 57 Kg 63Kg 72 Kg 84Kg 84 kg+

**POWERLIFTING BENCH PRESS BOTH EVENTS**

**Entry Fee includes t-shirt, T-SHIRT SIZE \_\_\_\_\_**

**Total Enclosed \_\_\_\_\_**

**WAIVER FORM**

In consideration of accepting this entry, I hereby for myself, heirs, executors and administrators, waive and release any and all rights and claims for damages I may have against: the International Powerlifting Federation, the Canadian Powerlifting Union, the PEI Powerlifting Association and Executive, Naturally Fit Total FX, the meet/contest site sponsor and it's employees, all organizers, volunteers and sponsors of this contest, from any and all actions, causes of actions, claims and demands which may arise in consequence of my participation in this contest. I realize that Powerlifting is a high risk sport and that I could be injured. I certify that I am in good physical health and that I have no serious health problems and that I assume full responsibility for such conditions. I accept that I am fully responsible for my well being and safety in the warm up room, on the lifting platform and while I am competing at this event. I am also aware that I am responsible for the actions of any coach and entourage that attend this contest in my support. I also certify by my signature that I have read this waiver and fully understand and accept its terms. I do hereby verify my acceptance of these terms by my signature below.

SIGNATURE: \_\_\_\_\_

PARENT OR GUARDIAN (if under 18) \_\_\_\_\_

DATE: \_\_\_\_\_

**Mail Payments & Entry Forms to:**

**Tom Nicholls, 63 Pine Drive, Charlottetown, PEI, C1A 6S1**