

2009 Eastern Canadian Powerlifting Championships  
Charlottetown PEI, Nov 28, 2009

Name	Div	BWt	WtCls	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	TOTAL	WILKS	Placing	Pts	Team
Megan Bryanton	F-JR	52.4	56	117.5	125.5	127.5	70	-75	75	115	125	-132.5	327.5	405.87	1-F-JR-56	12	PE
Crystal Bradley	F-JR	67.5	67.5				-52.5	56	60	125	129	140					NB
Jodi Banbridge	F-O	47.9	48	92.5	-97.5	-97.5	-62.5	-62.5	-62.5	135	140	-145					NB
Heather Ayles	F-O	58.1	60	155	165	182.5	80	-90	100.5	155	173		456.0	521.28	1-F-O-60	12	PE
Joseph Doohan	M-SJR	69.5	75	82.5	97.5	100	65	-70	-70	137.5	-150	150	315.0	237.36	1-M-SJR-75	12	PE
Jason Perry	M-SJR	71.1	75	115	125	141.5	-105	-115	-115	165	182.5	-187.5					PE
Brennan MacDonald	M-SJR	79.5	82.5	215	-227.5	227.5	142.5	152.5	-162.5	255	272.5	277.5	657.5	450.65	1-M-SJR-82.5	12	NS
Matt MacLean	M-SJR	105.1	110	277.5	-292.5	292.5	157.5	165	170	215	227.5	-235	690.0	412.17	1-M-SJR-110	12	PE
Jeffery Perry	M-SJR	107.1	110	195	210	222.5	107.5	115	-120	192.5	200	210	547.5	324.96	2-M-SJR-110	9	PE
Allan Cosman	M-JR	54.8	56	100	115	-125.5	60	67.5	-70	170	-180	-180	352.5	327.84	1-M-JR-56	12	NS
Kolton Doucette	M-JR	55.1	56				40	50	-60	62.5	80	95					PE
Russel Parks	M-JR	71.9	75	177.5	185	-190	130	137.5	-142.5	192.5	205	-215	527.5	387.43	1-M-JR-75	12	NS
Ryne Piovesan	M-JR	82.5	82.5	200	-215	232.5	-105	105	-112.5	210	-230	-230	547.5	366.77	1-M-JR-82.5	12	NS
Mike MacDonald	M-JR	89.8	90	300	-310	-310	195	-205	-205	-305	325	-335	820.0	524.08	1-M-JR-90	12	NS
Devin Aalders	M-JR	94.1	100	-187.5	-192.5	197.5	80	85	-90	187.5	197.5	205	487.5	304.56	1-M-JR-100	12	NS
Justin Lovell	M-JR	106.3	110	-320	320	-325	200	-227.5	-227.5	227.5	247.5	272.5	792.5	471.56	1-M-JR-110	12	NS
Kyle Fudge	M-JR	107.9	110	227.5	232.5	237.5	122.5	135	-137.5	-215	-215	-215					NS
Paul Gardiner	M-M1	80.8	82.5	172.5	185	-192.5	-130	-130	-130	190	202.5	-215					NS
Jeff Zambello	M-M1	99	100	165	170	-182.5	115	120	-125	165	180	185	475.0	290.26	1-M-M1-100	12	NB
Tom Nicholls	M-M1	109.7	110	295	310	325	235	242.5	-250.5	290	302.5	312.5	880.0	518.31	1-M-M1-110	12	PE
Byron Monster	M-M2	91.2	100	-210	210	220	117.5	122.5	-130	222.5	232.5	237.5	580.0	367.82	1-M-M2-100	12	NF
Colin Boutiller	M-M3	83.7	90	125	137.5	-147.5	-110	-115	-115	152.5	160	162.5					NS
Anthony Bainbridge	M-O	75	75	185	-207.5	207.5	125	135	140	230	250	265	612.5	436.44	1-M-O-75	12	NB
Evan Dunn	M-O	82.5	82.5	-275	-275	-275	-160.5	-160.5		250	-292.5	-292.5					PE
Wyatt Inman	M-O	87.4	90	-182.5	-182.5	-182.5	115	120	125	182.5	200	-215					PE
Greg Doucette	M-O	87.7	90	270	285	-295	-235	-235	-235	-285			DQ				NS
JP Richard	M-O	98.3	100	-280	280	-295	205	210	215	280	295	-305	790.0	484.16	1-M-O-100	12	PE
Matthew Mackay	M-O	93.7	100	-245	250	255	167.5	172.5	-175	257.5	-265	-265	685.0	428.79	2-M-O-100	9	NS
Roy Conrad	M-O	99.8	100	175	190	202.5	107.5	127.5	130	227.5	253	-262.5	585.5	356.61	3-M-O-100	8	NS
Stephen Seney	M-O	98.5	100	165	190	195	127.5	142.5	145	210	240	-253.5	580.0	355.16	4-M-O-100	7	NS
Sam Arsenault	M-O	98.6	100	165	175	185	130	142.5	147.5	180	195	200	532.5	325.94	5-M-O-100	6	PE
Peter Vickery	M-O	107.6	110	252.5	-260	262.5	177.5	-180	180	252.5	257.5	-262.5	700.0	414.83	1-M-O-110	12	NS
Mike Sweeny	M-O	106.8	110	240	255	-272.5	145	150	-157.5	210	230	-235	635.0	377.24	2-M-O-110	9	NS
Jason Tibbo	M-O	104	110	-222.5	222.5	232.5	140	150	-157.5	210	220	-227.5	602.5	361.25	3-M-O-110	8	NS
John MacDonald	M-O	117.2	125	335	352.5	-366	237.5	245	-247.5	290	302.5	-310	900.0	520.39	1-M-O-125	12	PE
Luc Racine	M-O	124.4	125	210	220	230	155	-165	-165	190	200	210	595.0	339.39	2-M-O-125	9	NS
Alex Mardell	M-O	133.6	125+	360	-380.5	380.5	290	-305	305	300	307.5	315	1000.5	563.21	1-M-O-125+	12	AB
Cliff Samms	M-O	132.5	125+	-330	335	350	-235	-235	247.5	275	287.5	-302.5	885.0	498.89	2-M-O-125+	9	NS
Robert Snow	M-O	138.8	125+	250	255	-260	190	195	-200	240	250	-257.5	700.0	391.67	3-M-O-125+	8	NS
Tony Dawe	M-O	137.4	125+	180	185	200	145	155	-165	210	230	235	590.0	330.64	4-M-O-125+	7	NS

2009 Eastern Canadian Bench Press Championships

Name	Div	BWt	WtCls	SQ1	SQ2	SQ3	BP1	BP2	BP3	DL1	DL2	DL3	best	WILKS	Placing	Pts	Team
Lee Ann Dalling	F-O	53.4	56				87.5	-92.5	-92.5				87.5				NS
Russell Parks	M-JR	72.3	75				122.5	132.5	-140				132.5				NS
Byron Monster	M-M2	90.8	100				117.5	-122.5	-122.5				117.5				NF
Greg Doucette	M-O	88.6	90				230	240	-245				DQ				NS
JP Richard	M-O	98.7	100				165	172.5	187.5				187.5				PE
Alex Crosby	M-O	97.4	100				147.5	160	-165				160.0				NS
Sam Arsenault	M-O	99	100				130	142.5	150				150.0				PE
Chris Loane	M-O	114.1	125				182.5	195	-205				195.0				PE
Luc Racine	M-O	125	125				182	-190	-190				182.0				NS
Tony Dawe	M-O	139.2	125+				170	180	185				185.0				NS
Robert Snow	M-O	140	125+				170						170.0				NS
Matt MacLean	M-SJR	106.2	110				162.5	170	172.5				172.5				PE