

Powerlifting Canada Youth Records - March 14, 2026

Mens Youth 3				
Squat				
30 Kg		MARK NOT SET	---	---
35 Kg		MARK NOT SET	---	---
40 Kg	51.0	AJ MacDonald	14-Mar-26	St. John's, NL
44 Kg	50.0	Clinton Dougan	14-Sep-24	Summerside, PE
48 Kg	77.5	Zachary Powell	07-Sep-25	Dartmouth, NS
53 Kg	100.0	Ethan MacDonald	24-Mar-24	St. John's, NL
59 Kg	132.5	Ethan MacDonald	01-Mar-25	Moose Jaw, SK
66 Kg	145.0	Callum Bachorick	14-Sep-24	Summerside, PE
74 Kg	97.5	Maximillian Llewellyn	14-Mar-26	St. John's, NL
83 Kg	97.5	Samuel Glover	14-Sep-24	Summerside, PE
93 Kg		MARK NOT SET	---	---
105 Kg		MARK NOT SET	---	---
120 Kg	87.5	Omar Lee	07-Sep-25	Dartmouth, NS
120+ Kg		MARK NOT SET	---	---
Bench Press				
30 Kg		MARK NOT SET	---	---
35 Kg		MARK NOT SET	---	---
40 Kg	28.5	AJ MacDonald	14-Mar-26	St. John's, NL
44 Kg	28.0	Clinton Dougan	14-Sep-24	Summerside, PE
48 Kg	45.0	Zachary Powell	07-Sep-25	Dartmouth, NS
53 Kg	52.0	Ethan MacDonald	24-Mar-24	St. John's, NL
59 Kg	72.5	Ethan MacDonald	01-Mar-25	Moose Jaw, SK
66 Kg	70.0	Callum Bachorick	14-Sep-24	Summerside, PE
74 Kg	75.0	Maximillian Llewellyn	14-Mar-26	St. John's, NL
83 Kg	70.0	Samuel Glover	14-Sep-24	Summerside, PE
93 Kg		MARK NOT SET	---	---
105 Kg		MARK NOT SET	---	---
120 Kg	62.5	Grant Wortley	19-Jul-25	Summerside, PE
120+ Kg		MARK NOT SET	---	---
Deadlift				
30 Kg		MARK NOT SET	---	---
35 Kg		MARK NOT SET	---	---
40 Kg	69.0	AJ MacDonald	14-Mar-26	St. John's, NL
44 Kg	52.5	Clinton Dougan	14-Sep-24	Summerside, PE
48 Kg	97.5	Ethan MacDonald	10-Sep-23	Summerside, PE
53 Kg	120.0	Ethan MacDonald	24-Mar-24	St. John's, NL
59 Kg	152.0	Ethan MacDonald	01-Mar-25	Moose Jaw, SK
66 Kg	172.5	Callum Bachorick	14-Sep-24	Summerside, PE
74 Kg	137.5	Maximillian Llewellyn	14-Mar-26	St. John's, NL
83 Kg	100.0	Samuel Glover	14-Sep-24	Summerside, PE
93 Kg		MARK NOT SET	---	---
105 Kg		MARK NOT SET	---	---
120 Kg	120.0	Grant Wortley	19-Jul-25	Summerside, PE
120+ Kg		MARK NOT SET	---	---

Total				
30 Kg		MARK NOT SET	---	---
35 Kg		MARK NOT SET	---	---
40 Kg	148.5	AJ MacDonald	14-Mar-26	St. John's, NL
44 Kg	130.5	Clinton Dougan	14-Sep-24	Summerside, PE
48 Kg	217.5	Zachary Powell	07-Sep-25	Dartmouth, NS
53 Kg	272.0	Ethan MacDonald	24-Mar-24	St. John's, NL
59 Kg	357.0	Ethan MacDonald	01-Mar-25	Moose Jaw, SK
66 Kg	387.5	Callum Bachorick	14-Sep-24	Summerside, PE
74 Kg	310.0	Maximillian Llewellyn	14-Mar-26	St. John's, NL
83 Kg	267.5	Samuel Glover	14-Sep-24	Summerside, PE
93 Kg		MARK NOT SET	---	---
105 Kg		MARK NOT SET	---	---
120 Kg	263.0	Grant Wortley	19-Jul-25	Summerside, PE
120+ Kg		MARK NOT SET	---	---
Bench Only				
30 Kg		MARK NOT SET	---	---
35 Kg		MARK NOT SET	---	---
40 Kg	28.5	AJ MacDonald	14-Mar-26	St. John's, NL
44 Kg	28.0	Clinton Dougan	14-Sep-24	Summerside, PE
48 Kg	45.0	Zachary Powell	07-Sep-25	Dartmouth, NS
53 Kg	52.0	Ethan MacDonald	24-Mar-24	St. John's, NL
59 Kg	72.5	Ethan MacDonald	01-Mar-25	Moose Jaw, SK
66 Kg	70.0	Callum Bachorick	14-Sep-24	Summerside, PE
74 Kg	75.0	Maximillian Llewellyn	14-Mar-26	St. John's, NL
83 Kg	70.0	Samuel Glover	14-Sep-24	Summerside, PE
93 Kg		MARK NOT SET	---	---
105 Kg		MARK NOT SET	---	---
120 Kg	70.0	Grant Wortley	19-Jul-25	Summerside, PE
120+ Kg		MARK NOT SET	---	---

Womens Youth 3				
Squat				
30 Kg		MARK NOT SET	---	---
35 Kg		MARK NOT SET	---	---
40 Kg	45.0	Kalina McKinna	22-Oct-23	Weyburn, SK
43 Kg	37.5	Kaylee Fehr	01-Mar-25	Moose Jaw, SK
47 Kg	60.0	Georgea Lee	07-Jun-25	St. John's, NL
52 Kg	80.0	Brielle Maisonneuve	11-Jun-23	Calgary, AB
57 Kg	72.5	Dani Paterson	11-Jun-23	Calgary, AB
63 Kg	75.0	Micah Vandenburg	14-May-22	St. John's, NL
69 kg		MARK NOT SET	---	---
76 kg	88.0	Elle Richards	25-Oct-25	Nanaimo, BC
84 Kg	95.0	Elle Richards	14-Mar-26	St. John's, NL
84+ Kg	67.5	Madison Lariviere	14-Mar-26	St. John's, NL
Bench Press				
30 Kg		MARK NOT SET	---	---
35 Kg		MARK NOT SET	---	---
40 Kg	30.5	Kalina McKinna	22-Oct-23	Weyburn, SK
43 Kg	27.5	Kaylee Fehr	01-Mar-25	Moose Jaw, SK
47 Kg	35.0	Georgea Lee	07-Jun-25	St. John's, NL
52 Kg	40.0	Brielle Maisonneuve	11-Jun-23	Calgary, AB
57 Kg	40.0	Dani Paterson	11-Jun-23	Calgary, AB
63 Kg	52.5	Micah Vandenburg	14-May-22	St. John's, NL
69 kg		MARK NOT SET	---	---
76 kg	47.5	Elle Richards	25-Oct-25	Nanaimo, BC
84 Kg	53.0	Elle Richards	14-Mar-26	St. John's, NL
84+ Kg	55.0	Madison Lariviere	14-Mar-26	St. John's, NL
Deadlift				
30 Kg		MARK NOT SET	---	---
35 Kg		MARK NOT SET	---	---
40 Kg	75.0	Kalina McKinna	22-Oct-23	Weyburn, SK
43 Kg	65.0	Kaylee Fehr	01-Mar-25	Moose Jaw, SK
47 Kg	82.5	Rissa Johnson	07-Sep-25	Dartmouth, NS
52 Kg	100.0	Brielle Maisonneuve	11-Jun-23	Calgary, AB
57 Kg	85.0	Dani Paterson	11-Jun-23	Calgary, AB
63 Kg	90.0	Micah Vandenburg	14-May-22	St. John's, NL
69 kg		MARK NOT SET	---	---
76 kg	100.5	Elle Richards	25-Oct-25	Nanaimo, BC
84 Kg	102.5	Elle Richards	14-Mar-26	St. John's, NL
84+ Kg	107.5	Madison Lariviere	14-Mar-26	St. John's, NL
Total				

30 Kg		MARK NOT SET	---	---
35 Kg		MARK NOT SET	---	---
40 Kg	150.5	Kalina McKinna	22-Oct-23	Weyburn, SK
43 Kg	130.0	Kaylee Fehr	01-Mar-25	Moose Jaw, SK
47 Kg	170.0	Rissa Johnson	07-Sep-25	Dartmouth, NS
52 Kg	220.0	Brielle Maisonneuve	11-Jun-23	Calgary, AB
57 Kg	197.5	Dani Paterson	11-Jun-23	Calgary, AB
63 Kg	217.5	Micah Vandenburg	14-May-22	St. John's, NL
69 kg		MARK NOT SET	---	---
76 kg	236.0	Elle Richards	25-Oct-25	Nanaimo, BC
84 Kg	250.5	Elle Richards	14-Mar-26	St. John's, NL
84+ Kg	230.0	Madison Lariviere	14-Mar-26	St. John's, NL
Bench Only				
30 Kg		MARK NOT SET	---	---
35 Kg		MARK NOT SET	---	---
40 Kg	30.5	Kalina McKinna	22-Oct-23	Weyburn, SK
43 Kg	27.5	Kaylee Fehr	01-Mar-25	Moose Jaw, SK
47 Kg	35.0	Georgea Lee	07-Jun-25	St. John's, NL
52 Kg	40.0	Brielle Maisonneuve	11-Jun-23	Calgary, AB
57 Kg	40.0	Dani Paterson	11-Jun-23	Calgary, AB
63 Kg	52.5	Micah Vandenburg	14-May-22	St. John's, NL
69 kg	52.5	Micah Vandenburg	14-May-22	St. John's, NL
76 kg	47.5	Elle Richards	25-Oct-25	Nanaimo, BC
84 Kg	53.0	Elle Richards	14-Mar-26	St. John's, NL
84+ Kg	55.0	Madison Lariviere	14-Mar-26	St. John's, NL