

CANADIAN POWERLIFTING UNION

Official Minutes

Annual General Meeting of the Canadian Powerlifting Union
Monday, April 9, 2012 – Calgary, AB

- 1) Roll Call
 - Ryan Stinn – President
 - Barry Antoniow – Treasurer
 - Bill You – BC
 - Louis Levesque – QC
 - Joe Oliviera – BC
 - Ryan fowler – SK
 - Brock Haywood – MB
 - Mike Knott – ON
 - Larry Leblanc - PE
 - Brian George – NS
 - Kain Lyon – AB
 - Bill Jamison – Ref

- 2) President’s Message
 - Read by Ryan Stinn

- 3) Minutes of the last Annual General Meeting++
 - Motion to accept – SK – QU passed**

- 4) Treasurer’s Report **
 - Read by Barry Antoniow – Discussion regarding figures, proposed budget and Insurance proposal.

 - Proposal to the CPU give BA permission to go forward with an insurance policy as presented at the AGM with final approval when the full policy is approved.
 - Motion to accept – second by MA, passed**

 - Proposal that the CPU purchase directors and officers insurance
 - Second AB, passed**

 - Proposal to accept budget, conditional to insurance policy costs and other provisions.
 - Seconded by AB, passed**

- 5) Secretary’s Report (Registration, Records, PR included)
 - Read by Mike Armstrong
 - Motion to accept – ON – passed.**

- 6) Report from CPU Officers**
 - Read by Bill Jamison
 - a) Referee Chairman
 - Read by Bill Jamison
 - Motion to accept – AB – Second MB passed**

- 7) Reports of Standing and Special Committees**
 - a) Selections and Coaching Committee - Read by Louis Leveque
 - b) Disabilities Integration Committee - Discussed by Barry
 - c) Funding Committee - no report
 - d) Disciplinary Committee – no report
 - e) Doping Control Committee – Read by Ryan Stinn

- 8) Reports from Affiliated Provinces**
Motion to accept as distributed – Accepted as distributed second AB
- 9) Old business - none
- 10) New Business- Action on Proposed Amendments
Submitted items on pages attached.
- 11) Items for Discussion
 1. Insurance: See proposal 11
- 12) Affiliation of new Member Provinces
New Brunswick Powerlifting Association (lead by Greg Van Olen) as a category 1.
Seconded AB - Passed
- 13) Delinquent Provinces - none
- 14) Future Championships Bids
Nationals 2013
BCPA – put in a bid for the 2013 Nationals as submitted.
passed
- 15) Any other business
VP role is vacant
Ryan proposed Jeff Butt Seconded by AB – wins by acclimation

As a discussion, out of meet testing, was discussed by BCPA.

- 16) Awards:
 - a. Athletes Awards
 - b. Male Powerlifter –**Gyln Moore**
 - c. Female Powerlifter - : **Rhea Fowler**
 - d. Male Bench Press –**Dave Walters**
 - e. Female Bench Press – **Rebecca MacFee**
- 17) Adjournment MB and seconded AB passed.

Proposals

1) Re: Bylaw 3:05

Existing Wording

- 3:05 The C.P.U. shall maintain standardized medals for presentation to the first three place finishers at National Championships. Other awards may be provided by the hosting organization and must be approved by the CPU Executive Council.

Proposed Wording

3:05 The C.P.U. Shall maintain standardized medals for presentation to the first three place finishers at National Championships. The medals may be purchased from the C.P.U. by the meet director(s) of the National Championship at the cost the C.P.U. pays for them. Optionally the meet director(s) can produce their own medals to be used at the National Championships however they must be of high quality and be approved by the Executive Committee.

3:06 (new) Meet director(s) of the National Championships must also provide best lifter awards for at least: Best Junior Male, Best Junior Female, Best Master Male, Best Master Female, Best Powerlifter Male, Best Powerlifter Female, Best Bencher Male, Best Bencher Female. In the case where a best lifter award will not be provided for all classes the term Junior should be used to represent Sub-Junior and Junior and Master should represent Master 1, Master 2, Master 3 and Master 4. It is recommended that any class consisting of equal to or more than 20 lifters have an representative Best Lifter award.

Rational: At the present time the wording is ambiguous as to who pays for the medals. I also think the meet directors should have the option to provide a unique medal. Right now no best lifter awards are required by the meet director, although it has become customary, I think we should make it mandatory.

Second: AB Motion passed

2) Re: Bylaw 4:05

Existing Wording

4:05 Bench Press National Championships shall be regarded as an “open” event, with no age category distinctions in regards to team selection for IPF Bench Press Worlds, however separate 1st, 2nd and 3rd place medals and other awards must be presented for each specific age category and weight class.

Proposal: Delete this bylaw

Rational: This sounds like an archaic piece that was put in before there were separate bench worlds for each division.

Second: AB Motion Passed

3) Re: bylaw 1.00

Proposal: Insert New Bylaw 1:04

The Voting Council shall not be permitted to make constitutional or bylaw changes outside of an Annual General Meeting.

Reason:

Too many changes being made via the official CPU forums too often. If we can change the constitution whenever we want, it negates the reason for having it.

Second: ON Motion passed

4) Re: Bylaw 7:01, Qualifying Totals

The (existing) qualifying totals for each of the National Championship categories are as follows:

- a) Men Open Class I
- b) Women Open Class III
- c) Men's Juniors Class III
- d) Women's Junior Class III
- e) Men's Masters, 40-49 Class II
- f) Women's Masters, 40-49 Class III
- g) Men's Masters, 50-59 Class III
- h) Women's Masters, 50-59 Class IV
- i) Men's Master 60-69 Class IV
- j) Women's Master 60+ Class IV
- k) Men's Master 70+ Class IV
- l) Men's & Women's Sub-Junior Class IV

Note: Numerical equivalents are contained in APPENDIX "A"

Proposal is to change to:

7:01 Qualification standards for the National Championships shall be according to scales located in Appendix A, below.

Reason:

With the addition of classic qualifying numbers, the original is incomplete and in error

Second: ON Motion passed

5) Change:

Required Totals (men)	Equipped	Unequipped
Open	Class I	Class III
Sub-Junior	Class IV	none
Junior	Class III	Class V
Master 40-49	Class II	Class IV
Master 50-59	Class III	Class V
Master 60-69	Class IV	none
Master 70+	none	none

Required Totals (women)	Equipped	Unequipped
Open	Class III	Class V
Sub-Junior	Class IV	none
Junior	Class III	Class V
Master 40-49	Class III	Class V
Master 50-59	Class IV	none
Master 60+	none	none

To:

Required Totals (men)	Equipped	Unequipped
Open	Class I	Class II
Sub-Junior	Class IV	Class V
Junior	Class III	Class IV
Master 40-49	Class II	Class III
Master 50-59	Class III	Class IV
Master 60-69	Class IV	Class V
Master 70+	none	none

Required Totals (women)	Equipped	Unequipped
Open	Class II	Class III
Sub-Junior	Class IV	Class V
Junior	Class III	Class IV
Master 40-49	Class III	Class IV
Master 50-59	Class IV	Class V
Master 60+	none	none

Reason:

The classic qualifying numbers are too low for a national championship. Also, the open female should be raised to a class II as the performance of our female athletes is well above this anyway.

Second: SK – Motion Passed

Amendment by ON and Seconded by BC – (to make the requirements equal to the males) withdrawn

6) Re: Bylaw 7:06

Existing Wording:

Qualification standards for Western and Eastern Championships are previous lifting experience in the CPU or another IPF affiliated organization.

Proposal to change to:

Qualifying for the CPU Western and Eastern Championships shall be according to scales located in Appendix A, below.

Males

Required Totals	Equipped	Unequipped
Open	Class II	Class III
Sub-Junior	Class V	none
Junior	Class IV	Class V
Master 40-49	Class III	Class IV
Master 50-59	Class IV	Class V
Master 60-69	Class V	none
Master 70+	none	none

Females

Required Totals	Equipped	Unequipped
Open	Class III	Class IV
Sub-Junior	Class V	none
Junior	Class IV	Class V
Master 40-49	Class IV	Class V
Master 50-59	Class V	none
Master 60+	none	none

Reason:

With the increased attendance of both of these events, it seems time to increase the standard to attend.

Second: SK – Motion Passed

7) Change:

All National Bench Press Standards

To:

A merged gird that goes from at least Class III to Elite

Reason:

A member mentioned that Master's should have their own bench standards, codifying the standards into a grid like the three lift standards would allow us to set standards for each category.

Second: ON

Table to the Coaching Committee to come back to the CPU AGM and have a proposal.

8) That a proposal be made to the IPF at the next open worlds regarding the following:

Proposal:

Bench Press straight arm exemption for those with diagnosed Achondroplasia Dwarfism.

Reason:

Lifters with Achondroplasia Dwarfism are a valuable part of the lifting community. They are also a segment of the lifting population that has been unreasonably effected by the elimination of the medical exemption for arms that do not straighten completely.

By requiring those with Achondroplasia Dwarfism to provide a signed form from a physician declaring that the lifter does indeed have this condition and thereby allowing an exemption, this will prevent abuse of the exemption from other segments of the lifter population.

Second: SK – Motion Passed

9) Re: Article V, # 2.

Existing Wording

The voting council consists of the President, Executive Vice President, Treasurer, Administrative Secretary, and the Vice Presidents (Provincial Presidents).

Proposal to change to:

The voting council consists of the Vice Presidents (Provincial Presidents) only with the President having the deciding vote in case of a tie.

Reason: At the provincial level all CPU members have a voice concerning the running of the CPU through their provincial presidents (CPU Vice Presidents). The positions of Executive Vice President, Administrative Secretary and Treasurer already have a voice as individual members through their provincial presidents. Giving special voting rights to these three positions can take away from representation of all the provinces as the positions represent one individual and not the members of a province

Second: AB

Withdrew is proposal and table to the 2013 AGM

The Exec. will create a structured organizational chart and strategic plan.

10) Re: Qualifying totals.

After reviewing the qualifying totals for the new Classic Lifting division, should be looked at to be adjusted. They do appear to be set too low, specifically the Open divisions.

We would also like to propose a change to the Bench Only categories in that the Masters are required to have the same qualifying total as Open. We would like to recommend providing changes to allow for lower qualifiers for Masters Bench Only both in Classic and Equipped.

The last change would be to set the Women's qualifying totals to match the Men's qualifiers. This would mean to have the Women's Open Equipped be set to Class I from Class III. Looking at the women's totals at the Nationals over the last 4 years, all but maybe 2 would still have qualified in their respective categories and age groups.

Withdrawn - Issue resolved on a similar proposal above.

11: Discussion Item:

We would like some clarification on the level of insurance the CPU has and if it covers all lifters in Canada? The major expense the OPA has is carrying our own Insurance policy that covers lifting in Ontario, and covers the local teams while training. If all lifters in Canada are covered to this level by the CPU insurance, we would like to get confirmation of coverage as to be able to remove this large expense.

Withdrawn - Discussed during Treasurer's report.

Additional Items added from the floor.

Proposal: The CPU will pay \$800 to Jeff Butt for losses incurred at the Classic Nationals in NFLD,

100% approval to have Jeff submit receipts to the CPU treasurer before getting a refund

Proposal: that the CPU except the decisions made on the forum and will be posted in the minutes of the forum.

Seconded: AB - Passed